**Mental Health Cases in the PSHS System**

**Annex A – Root Cause Analysis**

**Campus: PSHS Southern Mindanao Campus**

**School Year: 2017-2018**

**Total number of students enrolled at the start of the school year per grade level:**

**Grade 7: 90 Grade 10: 90**

**Grade 8: 90 Grade 11: 85**

**Grade 9: 90 Grade 12: 88**

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| **Complete Name of Student\***  **(LAST NAME, First Name)** | **Grade Level** | **Sex** | **Scholarship Categorization Points (see Annex B)** | **Nature of the Problem Reported**  **(see Annex C, indicating all that apply)** | **Date Reported or Observed** | **Action Taken** | **Were there red flags or symptoms displayed (Y/N)** | **Were the red flags (if any) captured or reported by the teachers or guidance counsellors, before any action was taken? (Y/N)** | **Action Taken** | **Probable Cause of the Problem** | **Possible Solution** | **Remarks** |
| Lima, Matthew John | 8 | Male | 0 | 1,3,8,10 | Since Grade 7 | -Parents informed the Guidance Counselors about the condition of the student  - Referred by the adviser to Counselor | Y | Y | - Counseled  - Constant follow-up  - He was given an accommodation (a private room in the Guidance Office where he can stay)  - Conference with Parents  - Academic and Behavioral performance contract was executed | - He is diagnosed with Autism | - Conscientiously meet his therapist for his therapy sessions  - Continued emotional support of parents, teachers, adviser and counselors | There is a significant positive change in his behavior and grades. |
| Ceniza, Kristofer John | 9 | Male | 28 | 8,9 | March 14, 2018 | Referred by Teacher | Y | Y | -Follow-up  -Conference with Adviser /Subject teacher | - Relationships (family, peers)  - Less Social Interaction | -Counseling  -Socialization | The student is manageable |
| Ramilo, Mikaela | 9 | Female | 54 | 3,4,8,9 | September 11, 2017 | - Referred by parents to the Guidance Counselor  Referred by Adviseer to the Guidance Counselor  Counseled | Y | Y | - Counseled  - Conference with parents  - Referred by parents to Psychologist | - Conflict with classmate because of social media  - Post traumatic stress | - Teach and guide student how to use social media responsibly  - Continues session with Psychologist | The parents decided to pull-out the student and transfer her to another school. |
| Flores, Denise | 9 | Female | 0 | 3,4,,8,9 | September 2017 | - Referred by adviser | Y | Y | - Conference with parents, teachers, adviser  - Re-sectioning | - Conflict with classmate because of social media  - Bullying | - Parents should continue to teach the child how to become more resilient  - Conscientiously meet her Psychiatrist | No counseling session was done with Ms. Denise Flores. The counselor talked to the mother and asked her if the latter could have a counseling session with Denise Flores. The mother, Atty Barbara Flores, told the counselor to no longer meet her daughter because her daughter is already seeing a specialist, particularly, a Child Psychiatrist. |
| Enriquez, James Azriel | 11 | Male | 51 | 4,8,9 | August 30, 2016 | - Referred by Dorm Manager | Y | Y | - Counseled with constant follow-up  - Feedback was given to the Dorm Manager and Adviser for close monitoring  - Grandparents referred him to a Psychiatrist | - Absence of both parents (abroad)  - Siblings are all away | - Constant communication with parents and siblings  - Family to exert effort to reach out to him constantly  - Socialization | The student is coping and has displayed more positive behavior |
| Fernandez, Mary Frances | 11 | Female | 25 | 3,4,8,9 | March 09, 2017 | - Referred by Adviser | Y | Y | - Counseled with constant follow-up  - Conference with parents and adviser  - Referred to Psychologist | - Sibling Rivalry (Mother playing favorites)  - Negative/unrealistic view of her body | - Parents were encouraged to treat each child equally  - Continuous counseling focusing on becoming more confident and self-aware | Improving and reports positive feedback with regards to her relationship with her mom and sister |
| Gerke, Jea Pierre Odin | 11 | Male | 71 | 3,4,5,,9 | August 03, 2016 | - Referred by Adviser and Dorm Manger | Y | Y | - Counseled and constant follow-up  - Referred to Psychologist  - Conference with parents, adviser and teachers | - Dysfunctional Family  - Relationship (love life) | - Conscientiously meet his psychologist for therapy sessions  - Improve communication and resolve conflicts in the family. | Needs constant follow-up |
| Sabado, Janno | 11 | MAle | 96 | 4,7,9,11 | May 18, 2017 | - Referred by parents and adviser to the Guidance Counselor | Y | Y | - Counseled and constant follow-up (the student is already seeing a Psychiatrist and undergo a medication  - Conference with parents  - The counselor had conference with his Psychiatrist | - Post traumatic stress/ traumatic event  -Introvert | - Religiously attend his therapy sessions  - Constant follow-up by parents and counselor  - Improve social skills | The student has slowly cope up but needs constant follow-up. |
| Vicencio, Kurt Ethan | 11 | Male | 15 | 2, 3,4,9,10 | October 26, 2015 | - Referred by Dorm Manager, Discipline Officer and Adviser to the Guidance Counselor | Y | Y | - Counseled with constant follow-up.  - Conference with parents  - Counselor work hand in hand with the dorm manager | - Family Relationship | - Family therapy and changing the dynamics of the family  - Continuous counseling | -Needs Follow-up  - Scholarship was terminated because of 2 failing grades |
| Gamutan, Jon Andew | 12 | Male | 70 | 3,4,8,9 | December 05, 2016 | -Referred by Dorm Manager and Adviser to the Guidance Counselor | Y | Y | -Counseled and constant follow-up  - Conference with parents and teachers  -Referred to a Psychologist | - Dysfunctional family  - Identity Crisis | - Family therapy and changing the dynamics of the family  - Acceptance  - Socialization | The student was able to cope up and was able to graduate but constant monitoring should be done by the parents. |
| Lopez, Sean Michael | 12 | Male | 0 | 1, 4, 5,6, 9 | February 28, 2013 | - Referred by the previous Counselor to the present Counselor in-charged | Y | Y | - He was scheduled and was called-in for counseling session  - Constant follow-up was done  - Conference with Parents  - Refereed to Psychologist | -Relationships (family, peers)  - Low self-confidence  - Confused about himself | - To continue reinforcing his self-awareness skill  - Reinforce self-confidence  - Improve communication and resolve conflicts in the family.  - Improve social skills | The student is manageable but he needs constant follow-up and he needs a listening ear |

\*Student information will be dealt with utmost confidentiality in line with Data Privacy guidelines. Only aggregate data generated will be presented in the report to the BOT.

**Other Remarks, if any:**

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Prepared by:

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Date: July 09, 2018

**Annex C**

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| **Number code** | **Indications / Types of Behaviour Observed** |
| 1 | Autism/ Autism Spectrum Disorder |
| 2 | ADHD/ Hyper Activity |
| 3 | Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim |
| 4 | Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder |
| 5 | Suicidal Ideation/ Tendency |
| 6 | Aggressive Behaviour/ Unmanageable Tantrums/ Bullying |
| 7 | Hallucination/ Delusion |
| 8 | Self-hurt/ Self-Inflicted Injury or Harm |
| 9 | Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation |
| 10 | Misconduct |
| 11 | Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide) |
|  | Other indications not listed above (Please specify, and add lines as needed):  12. |
|  | 13. |
|  | 14. |
|  | 15. |
|  | 16. |